COMMUNITY MESSAGES AND ADVERTISEMENTS

Mental Health Foundation of Australia

Resilience Mental Health & Wellbeing, incourage.
We provide education programs for promoting positive environments, prevention of mental illness and the delivery of good health created by resilience.
We comprise organisations, individuals and corporate members across Australia, and are dependent on fundraising to support projects.
Including: Resilience Australia Children, Mental Disorders Support Group, Education Sessions, Telephone Information Referral & Support.

Service and Mental Health Week.
Our resilience program is assisting the community to establish a resilience mindset and culture for the support of children 0-13 years in gaining emotional tools to weather to out in dealing with their challenges.

The Foundation's fundraising includes donations, bequests, sponsorship by the community and corporate sectors and commercial proceeds of information and support, particularly to parents and other professionals and the corporate sector.
For further information contact the Mental Health Foundation of Australia admin@mentalhealthvic.org.au or [03] 9826 1422.

Enquires
Mental Health Foundation Australia
Phone: [03] 9826 1422
admin@mentalhealthvic.org.au
www.mentalhealthvic.org.au

SUNDAY 22 NOV 2015
11AM - 5PM

CRUDEN FARM Family Day

Teen Services

Is your teen (or pre-teen) of an age where some ‘grooming’ may be required? Perhaps a little hair removal is in order, or you may have observed some changes in their facial skin. It is important to guide our teens into some healthy hygiene & skin habits during these years, to help serve them well in the future by moving them through these particularly hormonal changing times. So whether you are just noticing these changes now, or your teen (or pre-teen) is already in full bloom, we are here to educate & help introduce these rituals. Here are some of the services on offer:

Teen Facial $89 | Leg Waxing from $25 | Face Waxing from $14

Beauty by Marysze of Contagious Enthusiasm - 571 Hampton St Hampton 9502 0650
NEW TO HAMPTON STREET!

Have you had your eyes checked lately?
As local residents ourselves, at Making Eyes our aim is to provide our community with the very best of eye care and personalised service.
We also offer an exciting range of glasses and sunglasses!

As former Hampton Primary School parents (2006-2013) we are excited to have just opened our new business near the school (next to The Salvos) and look forward to continuing our involvement with the community.

We bulk bill to Medicare and have HICAPS with the health funds.

Book an eye exam between now and November 30 and go in to our draw to win a family dinner for up to 6 people at Hampton’s fabulous pizza restaurant, Queen Margherita.

AND mention this ad and receive $50 off your complete pair of new glasses or sunglasses! (offer November 30)

Glenn & Susan Ferrier
HAMPTON TRAVEL & CRUISE HAS SOME GREAT FAMILY HOLIDAY PACKAGES JUST FOR YOU.
We know these destinations and the best value packages because we travel there regularly with our own families.

HAMPTON TRAVEL & CRUISE IS A PROUD SPONSOR OF HAMPTON PRIMARY SCHOOL.
‘Support the businesses who support you’

Hampton Travel & Cruise, in conjunction with Club Med,
INVITE YOU TO A FREE MORNING TEA:

All the latest Club Med specials and hot offers (including Bali, Bintan Island, Malaysia, Thailand).

Friday 13 November 2015, 9.00am for 9.30am
SIPP Café - 400 Hampton Street, Hampton

Coffee/Tea & selections of muffins/slices served.

It’s free and absolutely obligation-free, but REGISTRATION is essential
RSVP: 11 November 2015

Phone: 03 9521 9339
Address: 319 Hampton Street,
Hampton Vic 3188
Email: mail@hamptontravelcruise.com.au
Website: www.hamptontravelcruise.com.au
Sausage Sizzle

Membership Specials

Ball Games

Children’s Entertainment

Fun Galore!

Sunday 22nd of November

Family Fun Day

Join us!

12 Noon till 5 at Elwood Park,
St. Kilda Street, Brighton.

We are a non-profit group run by Single Parents FOR Single Parents and their active kids. We offer coordinated activities all over Melbourne such as: Camps, Picnics, BBQ’s, Zoo’s, Parks, Movies, Sports, Beaches, Pools, Family Dinners, Parents only nights and so much more!

RSVP for this event by the 20th of November

Moush
0430 504 119

info@singleeparentsactivekids.org
www.singleeparentsactivekids.org
Holy Trinity Kindergarten
Vacancies available in 4yo 2016

Situated behind Holy Trinity Church, our 3 & 4 year old groups are taught by experienced and highly motivated Early Childhood Educators.

Our natural outdoor playspace includes deciduous trees for shade, vegie garden, orchard of fruit trees, frog bog, mud patch, large sandpit, indigenous garden and our chooks.

We offer a dynamic and engaging play-based Kindergarten program in a happy, relaxed and sustainable environment.

Contact Rachel htkenrolments@gmail.com
Hampton Joey Scout Mob
Be Prepared to Hop into Adventure!

DO YOU ENJOY:

HAVING FUN?
MAKING NEW FRIENDS?
SHARING & HELPING OTHER PEOPLE?
GAMES, STORIES AND CRAFT ACTIVITIES?
TRYING NEW THINGS?
BEING OUTDOORS?
CARING FOR THE ENVIRONMENT?

WOULD YOU LIKE TO TRY SCOUTING,
BUT THINK YOU ARE TOO YOUNG?

JOEY SCOUTS IS THE FIRST SECTION IN SCOUTING,
& IS FOR BOYS AND GIRLS FROM 6 TO 7 ½ YEARS OLD

Scouting has been part of the local community in Hampton for over 100 years. A new Joey Scout Mob will be opening at Hampton Scout Group in 2016. Please visit our website: www.hamptonscouts.com to register your interest.

The Hampton Joey Scout Mob will meet Wednesday from 5pm – 6pm at the Scout Hall on Ludstone Street (next to Castlefield Reserve)

For more information please contact:
- Bruce Allan – 0408 419 161
- Jo Downs – 0425 774 088
Australian Sports Camps

Summer Holiday Programs 2015 | 2016

Victorian 3 Day Sports Camps

Cricket, tennis, AFL football, netball, basketball, soccer, hockey

6-16 year old boys and girls

1300 914 368
australiansportscamps.com.au

Learn and develop your sporting skills with a terrific three day coaching experience for players of all standards aged 6 - 16. Our camps utilise fantastic facilities and our structured skill development programs are delivered by an experienced and talented panel of coaches. The coaches are supported by guest appearances from top level state and national players.

For more details regarding our camps and coaching panels, visit our website australiansportscamps.com.au

ASC Cricket Camp Dates
Scotch College, Hawthorn
- 15, 16, 17 December
Macleay Park, North Balwyn
- 21, 22 & 23 December
Mentone Grammar Playing Fields, Braeside
- 18, 19 & 20 January
Trinity Grammar Sporting Complex, Bulleen
- 19, 20 & 21 January

ASC Basketball Camp Dates
Scotch College, Hawthorn
- 15, 16, 17 December
Auburn High School, East Hawthorn
- 21, 22 & 23 December
Brighton Grammar, Brighton
- 13, 14 & 15 January
Boroondara Sports Complex, North Balwyn
- 20, 21 & 22 January

ASC Tennis Camp Dates
Scotch College, Hawthorn
- 15, 16, 17 December
Trinity Grammar Sporting Complex, Bulleen
- 19, 20 & 21 January

ASC Netball Camp Dates
Boroondara Sports Complex, North Balwyn
- 16, 17 & 18 December
Boroondara Sports Complex, North Balwyn
- 21, 22 & 23 December
Methodist Ladies College, Kew
- 13, 14 & 15 January
Mentone Grammar School, Mentone
- 18, 19 & 20 January

ASC AFL Football Camp Dates
Brighton Grammar, Brighton
- 13, 14 & 15 January

ASC Hockey Camp Dates
Hawthorn Malvern Hockey Centre, Hawthorn
- 21, 22 & 23 December

ASC Soccer Camp Dates
H.A Smith Reserve, Hawthorn
- 15, 16 & 17 December
Macleay Park, North Balwyn
- 21, 22 & 23 December
Trinity Grammar Sporting Complex, Bulleen
- 19, 20 & 21 January

Like us on Facebook at facebook.com/AustralianSportsCamps and follow us @AustSportsCamps on Twitter, Instagram and Pinterest to keep up to date with the latest news, promo and camp photos.

For more information or brochures call ASC on
1300 914 368
OR book online now at australiansportscamps.com.au
OR email admin@australiasportscamps.com.au

Australian Sports Camps are simply the best in Australia.
CELEBRATING 10 YEARS IN THE BUSINESS

Elis Alterations
Quality stiches... Beautiful fit
466 Hampton Street, Hampton Ph: 9521 9383

Dry Cleaning available
3 Plain Garments $21.00
5 Business Shirts $16.50

HAMPTON 7 DAY MARKET
Specialising in quality fruit and vegies daily.

We also stock a large number of grocery lines
Milk Eggs Drinks Pasta Etc.
Suppliers to hotels, motels, hospitals, clubs, restaurants and schools.

331 HAMPTON ST, HAMPTON
PH: 9597 0785

PLAY NETBALL IN 2016
Join Hampton Hammers Netball Club

New player session: come and try Netball
4.30pm Friday 6th November, Thomas Street netball courts

- If you turn 9 before 30 April or are in Grade 4 or above in 2016, you can play for Hampton Hammers
- In 2016 U11s play on Thursdays after school and train Fridays
- No experience necessary - players are graded into like-ability teams
- Register at www.hamptonhammersnetball.org.au by 9th November to be eligible for 2016 U11 grading
- Queries to hhnetballclub@gmail.com