Parent Information Evenings
Many parents have attended the information sessions conducted this week. We have the Year 3 session at 6pm tonight and the 5/6 session at 7pm. I thank staff for their time and preparation for the sessions. The purpose is for staff to provide an overview of curriculum, special activities, and expectations in relation to homework and classroom behaviour at the particular year level. In addition, the sessions provided an opportunity for new parents to meet the teachers.

If any parent would like to meet the class teacher to discuss a specific matter about his or her child, please contact the teacher directly to make an appointment.

This year we will schedule our parent teacher interviews early in Term 2. This will be an opportunity for the teachers and parents to discuss individual progress, social and personal development and set specific goals for their children.

School Council Elections
Community members are warmly invited to consider nominating for school council. We have 4 vacancies in the parent category. Our school council meets monthly on a Tuesday evening at 6.30pm and includes 8 parents, 2 community members and 5 staff.

School councils have three main responsibilities:
- Finance – overseeing the development of the school’s annual budget and ensuring proper records are kept of the school’s financial operation.
- Strategic Planning – participating in the development and monitoring of the school strategic plan.
- Policy Development and Review – developing, reviewing and updating policies that reflect a school’s values and support the school’s broad direction outlined in its strategic plan.

Other key functions of school councils include:
- raising funds for school-related purposes
- maintaining school grounds and facilities
- entering into contracts
- reporting annually to the school community and the Department
- representing and taking the views of the community into account
- regulating and facilitating after-hours use of school premises and grounds
- operating a children’s service at the school.

Nomination forms can be obtained from the school office and must be returned by Monday 24 February at 4pm.
This year our school will be undertaking a formal review commencing in Term 2. The purpose of the review is to consider student achievement and progress, financial expenditure, school priorities and student, staff and parent opinion over the last 4 years. There will be many opportunities for community members to be part of this process in analysing the data, drawing conclusions and making recommendations for the future. We will then embark on writing our new School Strategic Plan for the period 2015-2018. School Council plays an active role in both the review and the development of the strategic plan. Parents are welcome to make contact with me to discuss the work and role of council.

Fundraising Opportunity: Saturday 29 March
Our school is to be used as a venue for the shooting of a training film by the Victorian Electoral Commission on Saturday 29 March, 2014. We have been approached by an ex-parent to provide the venue and hopefully some extras for the filming. So if community members – over the age of 18 - can spare an hour on 29 March between 2 and 5pm, and pretend to be a voter, the school will receive $20 per person. You do need to register your attendance. Please see the note below providing more details.

This year all funds raised will go to the development of a new and long awaited basketball court. The fundraiser is a great and easy opportunity to generate some additional funds to bring our basketball court to fruition this year!

School Assembly
Congratulations go to Jaime Annear from 5/6A, Wattles who performed ‘The Pink Panther’ on keyboard at assembly yesterday. Jaime is an accomplished pianist who played this piece particularly well. In addition, we had the pleasure of hearing our Year 3s perform the tune ‘Aka Doo’. This song had some great actions and the children performed with enthusiasm. This performance was impromptu; I congratulate the Year 3s for stepping up and performing confidently with very little notice.

Student Leadership
Congratulations go to George Aivatoglou from 5/6F, Red Tingle and Ella Barlow from 5/6B, Casuarinas who received an award yesterday for displaying excellent citizenship. Both George and Ella have gone to considerable lengths to support their prep buddies; kindness, patience and thoughtfulness have been evident in their interactions with their buddies and this has been noticed and appreciated by many. Well done George and Ella.

Sue Knight
Principal
Welcome!
Prep 2014 & New HPS Families
21.02.14
Join us
For a Parents Social Evening
Hampton Lifesaving Club
7pm-10pm
$10 Per Couples
BYO nibbles to share and beverages
RSVP on line by 19.02.14
TRYBOOKING.COM/75147

2014 Fees
For families on payment plans,
Instalment 2 was due on 31 January.
Please contact the Business Manager if
you have any queries.
Thank you

The Easiest $20 you’ll ever raise for our School!
The Victorian Electoral Commission is shooting a training film
at Hampton Primary on Saturday, March 29, showing what it’s
like to work in a Voting Centre and they need at least 120 voters
(ie people over the age of 18) to make the film authentic. If you
can spare one hour between 2pm and 5pm to be a voter in the
movie, the school will receive $20. How easy is that?
To participate, register on-line at www.trybooking.com/74833
by February 28 and you will be contacted with further details by
the film company “Unreal Films”. Why not ask grandparents
and neighbours if they’d like to participate and register them
too?
If 120 voters from the school community register and attend,
then that’s $2,400 for the school!
For more information, contact Jill Esplan on 0411 284 250.
HAMPTON ACHIEVERS

Congratulations to Deb Hanson (our new P.E. Teacher) who competed in 12 events on the weekend in the Masters Surf Life Saving Carnival down at Lorne. Deb won 7 Gold Medals, 4 Silver and 1 Bronze. Well done on an outstanding achievement, holding up the standards for the Hampton teachers and setting a fantastic example for the kids!!! Well Done Deb!!!

Congratulation to Andre Villena who came 1st at the Southern Squash League 2014 Junior Age Championships Tournament playing a total of 5 matches in a mixed grade of U11, U13 and U15 division. Andre is the youngest squash player in the Junior Squash League in Victoria. Well Done Andre!!!

Filming in the School Library

The ABC will be doing some filming in the School Library Thursday 20 and Friday 21 of February. The scenes to be filmed will include two well-known Australian actors in Justine Clark and Claudia Karvan for the ABC series, ‘The Time of our Lives’. The Library will be unavailable for borrowing on these two days and the children will be asked to play a short distance away to minimise the noise. The school will receive a rental fee for this period.

MISSING BIKE—The bike is a bright red Apollo cougar mountain bike accidentally taken from our bike shed. If you know anything about it please contact the office. Thankyou Jennie Currie

KISS AND GO
STAY WITH YOUR CAR
2 MINUTE LIMIT

All Parents please be aware of the new sign the Bayside City Council has erected. The parking inspector regularly inspects the 2 minute pickup area and if you exit your car for any reason, even to open a boot you will be booked. The 2 minute zone is only for parents whose children are old enough to exit the school by themselves. If you need to enter the school to collect your child you must park in an appropriate parking place.

Hampton Primary will be actively enforcing this in conjunction with the Bayside City Council.
SNACK SHACK UPDATES

BASIL NEEDED

If anyone has an abundance of Basil in their garden, please feel free to drop any excess in to us, we are currently purchasing a huge amount of basil to keep up with demands of our popular Basil Pasta varieties and would like to keep our costs down and therefore our price on this lunch item down also!! Drop it in any Monday or Friday morning! Thanks

SNACK SHACK ROSTER

FRIDAY, FEBRUARY 21
9am to 11:30am: KIRSTEN ADAMS
                ALI BUCKLEY
                NANCY CROLE
                VACANT
                VACANT
11:30am to 2pm: ANNE-MARIE BOWEN
                LOUISE TAYLOR
                ANITA HOLDSWORTH
                CAROLINE STREMSKI

MONDAY, FEBRUARY 24
9am to 11:30am: JANE KYLE
                ELISA WUST
                LEAH BERLOWITZ
                SARAH HICKS
                VACANT
11:30am to 2pm: AMANDA MORRISON
                AMANDA SCHUNKER
                KAREN MURRAY
                DANIELLE MEIJER

FRIDAY, FEBRUARY 28
9am to 11:30am: BEC WILSON
                KEZ DART
                DI THOMAS
                SANDY ADLINGTON
                TANJA LOPEZ
11:30am to 2pm: Svetlana Melik
                Andrea Walland
                Simone Wells
                Carolyn Hunter

MONDAY, MARCH 3
9am to 11:30am: Nicki Lanyon
                Louise Meikle
                Jane Dando
                Suzanne Farley
                VACANT
11:30am to 2pm: Mel Jeffcott
                Grace Hamilton
                Justine Tuffley
                Cecile Lopez-Brown

FRIDAY, MARCH 7
9am to 11:30am: Svetlana Melik
                Ruth Henwood
                Mandi Johnston
                Nancy Crole
                VACANT
11:30am to 2pm: Georgia Branson,
                Jo Young
                Sally Stewart

MONDAY, MARCH 10
CLOSED - LABOUR DAY PUBLIC HOLIDAY

FRIDAY, MARCH 14
9am to 11:30am: Lyndall Mitchell
                Tracy Tulloch
                Anne Hoyle
                Sue Watson
                VACANT
11:30am to 2pm: Danielle Meijer,
                Lisa Bevan
                Mel Taranto
                VACANT

Contact us if you can help out with any of our vacant shifts
snackshackers@gmail.com

Thank You! Kirsty & Georgie
Additive Education

There are many children at Hampton Primary School that have food allergies and intolerances. Some of these intolerances include; lactose, fructose and sucrose intolerance, gluten intolerance and intolerances to artificial colours, flavours and preservatives. Melbourne based additive education is an organisation which is committed to informing families about the additives that are in the foods we eat and some of the side effects these foods can have. If your children are bothered by mood swings, ADHD, learning difficulties, anxiety, depression, panic attacks, stomach aches, bloating, irritable bowel, difficulty falling asleep, headaches, migraines, asthma, stuffy or runny nose, arthritis or eczema, it could be due to some of the foods they eat. Research shows that ¾ of children will show improvements in symptoms by changing their diet and removing the additives.

The first step to additive free is to make some simple changes in your diet. Change to preservative free bread. Brumby’s and Bakers Delight are both preservative-free. Tip Top fruit loaf is preservative-free. Beware of wraps and speciality loaves as these often have a lot of additives. Check for the numbers listed in the ingredients. Some additives are worse than others. Change artificially coloured products to naturally coloured products and buy naturally coloured icy poles and lollies. Look at labels and read them thoroughly. Arnott’s plain biscuits such as Milk Arrowroot and Marie biscuits are all natural. Sakata brand rice crackers are also naturally flavoured. Check brands of chips. Red Rock Deli plain chips and Select brands are all natural and preservative-free.

Dried fruit can contain a lot of sulphites so ensure you buy brands which do not contain these, dried apricots often have preservatives added.

Research has found that the behaviour of nearly 60% of children improves on an additive-free diet, and that IQ can increase by 15-20% due to increased concentration at school. Also check dairy foods such as margarine, yoghurts, ice cream and custard.

Foods also contain a lot of flavour enhancers such as MSG. When purchasing food you also need to check labels for these.

There are some very useful websites such as www.additiveeducation.com.au and www.additivealert.com.au and fedup.com.au (this is a food intolerance network). These websites list all the additives you should try to avoid as they are known ‘nasty’ additives. Some are actually banned in other countries. You can print the list of nasty additives off and keep it in your purse so when you are shopping you can quickly glance at it when checking the ingredients list of the food you are wanting. There are also some great other links to other websites and a recipe book. The Royal Prince Alfred Hospital Allergy unit in Sydney has done extensive research in this area and their website is also great.

Stay healthy
Jo and Susie (school nurses)
LIBRARY NEWS

THEME OF THE WEEK
This week belongs to pets and there are some great stories and information to find. Non-Fiction Dewey 630-639 is always a well-used shelf, especially those pony books. And who doesn’t love Hairy Maclary and his mates in Picture Books under “D”. If you haven’t discovered him yet you are in for a treat. He even has his own website and Facebook page.

BAYSIDE WRITING COMPETITION
is back on again until the 18th July 2014. There is a category for 10-12 year olds with a 500 word limit. Without writers we would have fewer stories so get those pens out or fingers on the keyboard and see what you can come up with. There is a prize of $250 each for the writer and their school. Details available at www.bayside.vic.gov.au/writingcompetition

CHILDREN’S BOOK FESTIVAL
Sunday 23rd March 10.00am – 4.00pm at the State Library and Wheeler Centre in the City. Lots of your favourite authors including Jackie French, Terry Denton, Sally Rippin & John Marsden. Details at http://www.slv.vic.gov.au/event/childrens-book-festival-family-day-2014

LIBRARY HOUSEKEEPING
Please remind students to return all books to the trolley next to the circulation desk so we can ensure they are returned on the computers. Thank You.

Hope you find time to curl up with a good book this week.
Alison & Jennie

RED NOTES MUSICAL SERVICES
ENROL 2014
INSTRUMENTAL MUSIC LESSONS DURING SCHOOL HOURS AT HAMPTON PRIMARY

INSTRUMENTS AVAILABLE TO LEARN ARE:

GRADES 3 – 6 FLUTE, SAXOPHONE, CLARINET, TRUMPET, TROMBONE, EUPHONIUM AND BASS GUITAR

FORMS ARE AVAILABLE AT THE SCHOOL OFFICE OR CALL RED NOTES ON 9527 5200 OR EMAIL REDNOTES@IINET.NET.AU
STARTING SOON!

“An Exciting New & Fun Kids’ Initiative”

HAMPTON PREMIER LEAGUE
“Hampton Primary’s Soccer Club”

For kids who love soccer!
For kids in grades 3, 4, 5 and 6!
For kids of all soccer levels!

Starting soon, at lunchtimes will be Hampton Premier League. There will be teams for both girls and boys.

Teams will be 7 a side; there will be a ladder and trophies up for grabs. Teams will be chosen following lunchtime trials, to ensure each team is fair.

Sign up sheets are up now, and the first 28 kids to put their names down in each category, will be a part of this fun!!!

Bella Sowards (Youth Ambassador) and Bec Elliott (Fraser, House Captain)
Hampton Primary 19/2/14
Nature Fun

Congratulations to Elicia Watts for being last week’s Hampton OSHC Legend of the week. Elicia always displays a positive attitude and always helps out without being asked. She continues to play very well with other members of Hampton OSHC.

Last week we started creating some nature murals inspired by the seasons for our nature corner. Many children enjoyed creating a nature scene with animals and people out of modelling clay. This week we will plant our new plants.

Jewellery making and knitting were also popular again with children learning to knit from one another.

Many children also enjoyed the chance to make yummy chocolate balls and were very helpful in the kitchen.

This week we are having our term 1 Hampton OSHC art competition. Children can draw or paint a piece of art work. Winners will be judged by year level and announced next week.

Stay tuned for next week’s Hampton OSHC Legend of the week!

New families are welcome.

Monique, Anne and Jordyn
MASSIVE GARAGE SALE—TALBOT STREET HAMPTON
– SUNDAY FEBRUARY 23RD
Street Garage Sale from 8.00am
Many households involved in:
  Toys and Games
  Sporting Equipment
  Home Wares, Furniture
  Childrens, Babies, Vintage, Adult Clothing
  Vintage Linen and Collectables

www.hamptonrovers.com.au
FREE PARENT SEMINAR

Melissa Anderson presents an essential evening for parents

How do I raise a resilient child?

- What are the three crucial elements of resilience at any age group?
- Is resilience something learned or is it genetic?
- Could developing the building blocks of resilience be an immunisation against depression and mental distress?

Melissa Anderson is a counsellor, pharmacist and the Director of SHINE Academy for Girls and LONGFORD & FRASER Leadership Academy for Boys.

Wednesday 19 March 2014
Rosstrevor Hall
Brighton Grammar Rosstrevor Campus
(Enter via Allee Street, Brighton)
7.30pm - 9.00pm
Children aged 10 and above are welcome.

This is a FREE event, however a gold coin donation to charity is greatly appreciated.

For bookings phone (03) 9592 4948
Need a Builder???

'Ex' Hampton Primary family moving back to Melbourne and ready to take on extensions, renos, design & new build.
Contact Peter Nagorcka on 0418 537 931 or visit website

Mentone Girls’ Grammar School
2015 SCHOLARSHIPS
Mentone Girls’ Grammar School is pleased to offer Academic, General Excellence and Music Scholarships for girls entering Year 7 in 2015.
Applications close: Friday 21 February 2014.
Apply online: www.mentonegirls.vic.edu.au
Phone: 9581 1200

CALLING GRADE 5/6 AGED CHILDREN—
OPENINGS AVAILABLE FOR THE JAZZ/FUNK CLASS - HERE IN HAMPTON !
A BOUTIQUE DANCE SCHOOL THAT IS RELAXED & FUN !
DETAILS BELOW - PHONE MELITA TODAY TO ARRANGE A TRIAL CLASS
TUESDAYS 4.30PM @ HAMPTON SCOUT HALL
(Recognise anyone in the photo? A couple of Hampton Primary girls !!)
ADULT TAP HAS VACANCIES TOO - all for fun !
Refer to the advertisement to the right!!!!
HAMPTON 7 DAY MARKET
Specialising in quality fruit and vegies daily.
We also stock a large number of grocery lines:
Milk Eggs Drinks Pasta Etc.
Suppliers to hotels, motels, hospitals, clubs, restaurants and schools.
331 HAMPTON ST, HAMPTON
PH: 9597 0785

CELEBRATING 10 YEARS IN THE BUSINESS

YOGA FOR KIDS
PREP—G6
Mondays 4.15pm – 5.15pm
44 Whyte Street Brighton
Nurturing children’s well being
Experience the many benefits of yoga whilst having fun
Under the guidance of highly qualified Teachers. Contact: Louise 0419463558
lou.10godfrey@gmail.com

YOGA FOR KIDZ
www.sriyoganmeditation.com.au

Dry Cleaning available
3 Plain Garments $19.50

NAGLE PRE-SCHOOL
A community kindergarten with 4 and 3 year old kinder programs.
A warm and caring environment for your child to learn.
Tours available, call 9598 6042.
For more info go to: www.naglepreschool.com.au

YOGA FOR KIDZ
www.sriyoganmeditation.com.au
Want to play Soccer?
Sandringham Soccer Club is now registering players for the 2014 season. We have an introductory program for 5-7 year old boys and girls as well as boys and girls only teams for all ages 7 and older. Come along and try in our pre-season training. Want to know more? Come to our Registration Day – Sunday 2nd March 10-12noon at our Spring st Pavilion Sandringham. or visit our Website to register online: www.sandringhamsoccerclub.org.au Registrations close 7th March 2014.